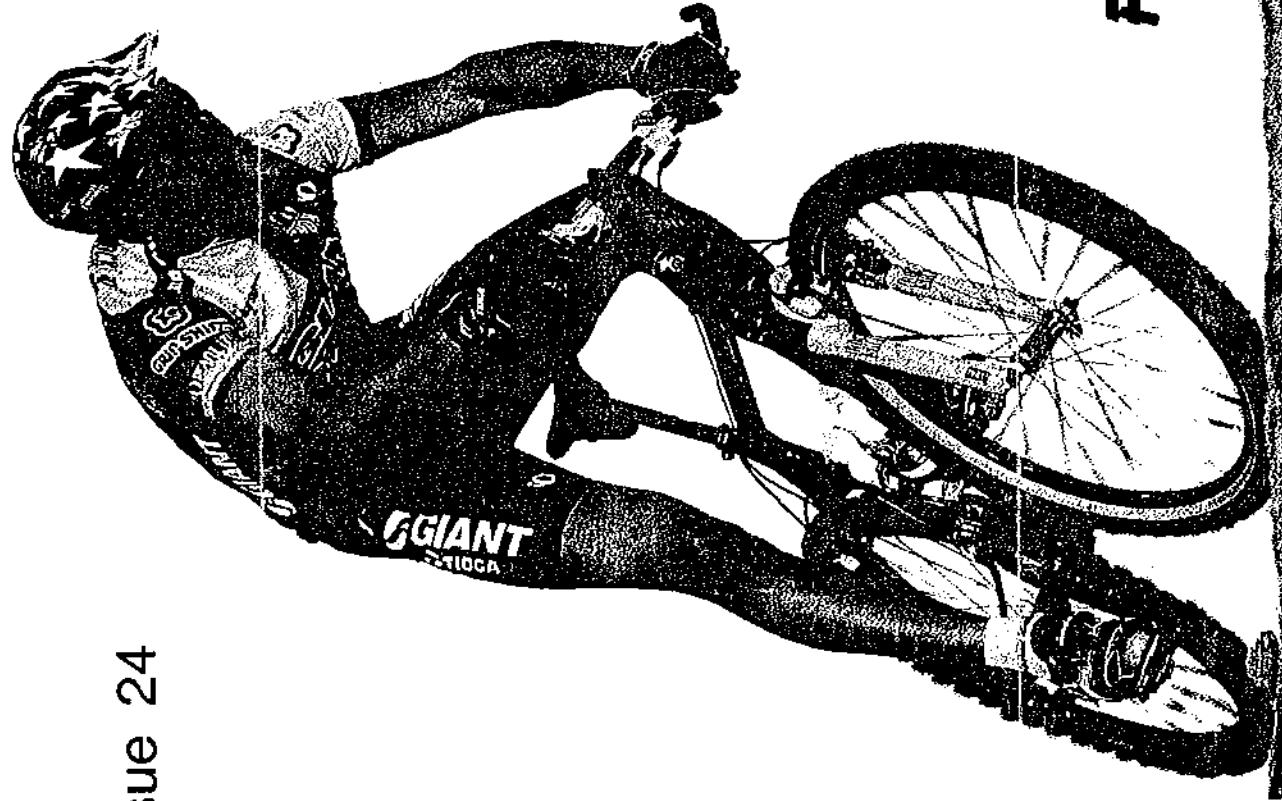


# Bash & Dash

monthly newsletter of the Kuala Lumpur Mountain Bike Hash

•private & confidential  
•strictly for members only•

## Issue 24



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## Next Bash: Sunday February 23rd, 9.30am SHARP

Take the N/S highway out of K.L., exiting at the Sg. Buloh turn-off. After the toll, turn left towards Sg. Buloh/Kuala Selangor (B54). At the first set of traffic lights, zero your trip meter and continue straight on the B54, passing Kg. Pasar Jaya Tengara Market at 4.3 km. Continue until 11.3 km and take the left fork entrance into Guthries' Ladang Elmira, following the signs for Sungai Buloh Country Club (SBCR). Proceed straight down the access road and across the new bridge, (watch out for the invisible speed bumps on either side). Turn right at the sign for SBCR at 12.5 km and continue on this tarmac road round a sharp left bend at 13.9 km. Proceed to 14.4 km, turning left into the plantation immediately before the white entrance gateway to SBCR. Follow the KLMBH signs a short distance into the plantation to the run site and park just off the main track.

Hares - Gordon Fraser

Peter Heston

# The Long Bash

teased, "Look out for the snakes". "Naw", said the Hare, "They'll run when they hear us". Tell that to Snake-Chammer Alexander who eyed-down a cobra. The black reptile rose before him, spreading his cobra gills - The Basher was indeed briefly startled then bashed On-Home.

The Hash Bashers gathered somewhere behind Subang Airport, out past the seafood restaurants and a few country homes. Parking was good with plenty of shade to keep the car cool - and lots of sweltering sun to keep your car hot if you didn't think ahead. Neighbourhood kids brought out their tri-coloured wheel bike and a happy puppy to watch the Bashers gather. There was lots of new gear and Bash wear to be seen post Boon Foo's mammoth millennium sale - but we were still short one pair size 11 shoes. That bought out the best of Hash spirit when a fellow Basher generously loaned his sneakers to an otherwise flip-flop footed friend. This was a very good sign of the high spirits in which we'd all remain for the day.

The Hares Vibrator and Inspector Gadget délivéred a short and sweet briefing to forty-plus Bashers gathered for the ride. There were several new faces in the crowd and at least one new bike from Boon's, rear suspension an' all - We don't know where they got the new faces but they added more cheer to the day.

On-On we peddled past a red parked car into the plantation. The pack exuberant. But those clever Hares controlled the reins early on, holding back the pace with a forage over narrow cement bridges. On-On we rode following the "twisted" path, no, twists in the path. Pausing only briefly to pitter-patter across the bridges. Where did the Hares find so many? We pressed on up a moderate hill. Vibrator was heard muttering with conviction, "I think this might be the last hill!". Then came another hill. We struggled up as fast as we could, cleared a bend to the left....OOPS! followed the paper at a sharp right...and peddled along a pleasant dusty road with a view forever over the plantation palms. It was breathtaking. However, unbeknownst to us, the Hares had an even better view in store.

Our pedestal to the view lay behind the dunes and corners. As we looked ahead, there it was: The Mountain. This was definitely a steep hill. We could see Bashers like ants working their way to the top in the beating sun. Vibrator zippered by me like a mother hen checking the back of the pack up to the front, undaunted by the steepness. The pack gathered at the top in communion. It was a great day. And, we all knew and hoped there would be a good On-Down lying ahead. And the Hares delivered. On the other side of the mountain we enjoyed a steep downhill. The hill this time added speed. It was neat and relatively smooth with no sharp turns to de-bike the Bashers. Around a little bend, and there was more fast, smooth, slightly downhill trail.

We were all cheery again, having left the steeps behind us like Calvin and Hobbes on a fun ride. But the Hares had more to deliver. Lest we forget this was a Hash Bash and not some Sunday picnic ride - The Hares sent us up yet another punishing hill. Vibrator was heard muttering with conviction, "I think this might be the last hill". There were several more we thought. The hills less steep, but even the lowest gears wouldn't help some of us whose legs were punished by the previous On-ups.

After some checking at a loop-de-loop and false trail where we got a little confused, the Hare rescued us by pointing into the thicket through which the trail ran. We jostled and

It's good to be home safe to the smells of Mrs. V's cooking and the sounds of Inspector Gadgets sound mobile. The good cheer from the start remained with us. Several new faces promised to return and signed on to join the Bashers. Volunteers came forward to set the next few rides. It was a good day.

The hills may have been long and steep but the On-downs were well worth the climbs. Great Bash! It was one of the best. The hills will be remembered for a long time and will certainly grow in height. And the Snake-Chammer will probably remember his encounter with the cobra for a while as while, I'll remember it the next time I plunge in to follow a trail. Well done Hares.

On-On,

Sandi Wiszynski

## Fun Runs - To have or not to have?

The fun runs were initiated due to requests by members that we should have more than one event per month. However, at the two runs held to date there have only been five or six bashers at each, which doesn't indicate overwhelming popularity. I suggest that in future, we should only have these runs if someone volunteers to lead them, and details of when and where to meet should be given to me in time for inclusion in the newsletter.

If anyone has any further suggestions on this topic, lets discuss them at the next Bash.

Editor

## Upcoming Bashes

Bash Date	Hares
23rd February	Gordon Fraser Peter Heston
30th March	Ian Miller John Mugford
27th April	Eric Teo (Ulu Rening hot springs)
25th May	Warren & Sandra Wiszynski
29th June	Eric Teo